Girl Scout COVID-19 Handout for Families

There is nothing Girl Scouts of Virginia Skyline Council takes more seriously than the safety and well-being of our girls, volunteers and staff members. Here are the updates on the steps we are taking to help fight the spread of COVID-19 and comply with Gov. Northam’s executive orders.

GENERAL OVERVIEW

- Girl Scouts of Virginia Skyline Council will resume full, normal in-person activities only after Virginia has successfully passed out of Phase 3. Effective December 14, 2020, the Virginia state mandate by Governor Northam has reduced social gatherings (both in outdoor and indoor settings) to 10 people. Therefore, all GSVSC Girl Scout in-person gatherings for both outdoor and indoor settings will be restricted to no more than 10 people until further notice.
- GSVSC will continue to monitor all local and national directives, including the Centers for Disease Control and Prevention (CDC), and Virginia Department of Health (VDH). The guidance we provide is intended to be used in conjunction with Safety Activity Checkpoints in accordance with our council’s individual state and local COVID-19 circumstances which remain fluid.
- If updates from sources such as the governor’s office, Centers for Disease Control or National Institutes of Health lead to changes in our evaluation of the situation, then GSVSC will communicate this information to all members on our website, The GS Connections digital e-newsletter, and social media.
- In-person, day-only activities permissible.
- Troop Meeting Size. The current maximum is 10 (eight girls and two unrelated adult volunteers).
- No camping or activities requiring overnight stays permitted until after Virginia has successfully passed out of the Phase 3.
- No overnight trips or domestic (extended) travel permitted until after Virginia has successfully passed out of the Phase 3.
- No International Travel until Virginia has successfully out of the Phase 3 and nonessential travel to other countries is deemed safe.
- Modified Stay at Home Order: Due to the modified Stay at Home Order, all Girl Scout gatherings must begin and/or end so that participants may be at their place of residence between the hours of 12:00 a.m. and 5:00 a.m.

When Girl Scouts meet in person:

- It is to be understood that meeting in person is a personal decision that families must make for their girls and individuals must make for themselves.
- It is to be understood that a communicable disease is not covered under the GSUSA general liability policy provided through Girl Scout Membership. Additional insurance coverage is available for purchase. Please contact the council at info@gsvsc.org for additional information.
- Parents are to ensure their child does not have a fever or feel ill immediately prior to attending any in-person meeting or gathering. Child must be fever free without any fever-reducing medications and all symptoms have improved.
- All individuals must complete a temperature check and should agree to the GS Culture of Care Pledge prior to participation.
- All individuals who are ill, living with someone who is ill or showing symptoms or in a high-risk category may not participate in in-person meetings or gatherings.
- All individuals and/or parents must complete a COVID-19 Questionnaire and Participation Agreement and COVID-19 Waiver prior to any in-person participation.
- Volunteers will not provide food or drinks. If the event is a family gathering, then each family should provide their own food and drinks.
- Remind girls not to share food and drinks with others outside of a family unit.
- Remind girls not to drink from water fountains. Girls should each bring their own bottles of water.
- Each girl can provide her own box of supplies (markers, scissors, glue, etc.) Supply boxes can be carried to and from meetings or collected, labeled, and stored in one location. Each box is to be sanitized before being stored or reused.

Transportation guidelines:

- GS has adopted a zero-transportation policy until Virginia has safely passed out of Phase 3.
- Parents must drop off and pick up their own girls to and from all GS activities.
- Volunteers may not transport girls, other than their own, during this time.
- No carpooling to Girl Scout activities with others outside your family household.
- Public transportation is to be avoided, when possible.

www.gsvsc.org/COVID - REVISED 12/13/20
**Phase 3 social distancing & exposure mitigation guidelines:**

Individuals with fever or temperature higher than **100.4** will not be allowed to participate until their temperature is normal for at least 72 hours **without** fever-reducing medications and all symptoms have improved. Instructions should be given to follow CDC/VDH guidelines on what to do if sick and when it is deemed safe to be around others.

**Girl Scouts must:**

- **Follow all CDC preventative guidance:**
  - Know the symptoms; take temperature prior to participation.
  - Stay home if sick.
  - Cough and sneeze into a tissue.
  - Have hand washing/sanitizing supplies available.
    Have everyone sanitize hands upon arrival, throughout (at least every 30 minutes) and just before leaving.
  - Wash hands with soap and water for at least 20 seconds.
  - Use hand sanitizer that contains at least 60% alcohol when hand washing is not an option.
  - Avoid touching eyes, nose, and mouth; wash or sanitize hands when touched.
  - Ensure trash baskets or bags for meeting and activity spaces are easily accessible, if not already available.

- **Maintain six feet of physical distance** between people who do not reside in the same household.

- **Maintain at least 10 feet of social distance** for any setting that includes physical activity, singing, cheering, or chanting.

- **Avoid all physical contact** to include:
  - Hugs, handshakes, high-fives, friendship circle or squeeze; these activities can transmit COVID-19 from person to person.
  - No shared equipment or materials such as markers, scissors, etc.
  - Sanitizing each item before and after, if equipment or supplies must be shared

**Face mask guidelines:**

- **Universal mask requirement:** Everyone ages five and over are required to wear face coverings in indoor and outdoor public settings outside of their own household.
- **Some girls or volunteers may not be able to wear masks,** due to medical conditions such as asthma. Volunteers or Parents/Guardians should be instructed to contact the council for guidance on how best to handle these exceptional circumstances. Troops will inform families so they are aware if there is a member who will participate without wearing a mask.
- **Council will assess whether adaptations and alternatives for individuals with health conditions or disabilities should be considered to increase the feasibility of wearing a mask or determine if additional measures can be put in place to reduce the risk of COVID-19 spreading if it is not possible to wear one.** These situations will be addressed on a case-by-base basis. There may be circumstances where exceptions cannot be made.
- **Girls may bring their own masks.**

**REPORT A POSITIVE COVID-19 TEST OR KNOWN EXPOSURE:**

- Girl, volunteer, and staff **health information is private and strictly confidential.**

- In the event of a COVID-19 positive test result or known exposure to someone who has tested positive to COVID-19, please **promptly contact a GSVSC council staff member at 540-777-5100 or contact the council emergency number if after hours: 1-540-598-0974.**

- A council staff member (**NOT volunteers or parents**) will be responsible for taking the necessary steps to:
  - Confirm and trace the positive tester
  - Notify volunteers or parents of anyone who may have been exposed or impacted by a positive test result
  - Notify the facility of where a troop or group has met
  - Alert the Virginia Department of Health.

**QUESTIONS OR NEED ASSISTANCE?**

Please contact Girl Scouts of Virginia Skyline Council at info@gsvsc.org or 540-777-5100.