

Outdoor Skills



This Try-It is designed to give you a basic knowledge of the outdoor skills you need to go camping in the great outdoors.

Complete four activities.

- 1.** Gearing Up: Find out what gear and clothing you might need for warm and cold weather camping and day trips. What do you need to bring for wet weather?
- 2.** Plant and Animal Safety: Choose two new things to learn:
 - Learn how to recognize at least two plants you need to avoid.
 - Learn what to do when you see a snake.
 - Learn how to identify two different animal tracks.
 - Know what to do when you see animals in the outdoors, especially wildlife.
- 3.** First Aid: Make a personal first aid kit or help your troop put together a first aid kit for troop use. Know basic first aid for cuts and burns.
- 4.** Tent Building: With the help of your leaders and troop, set up a tent. Know how to keep the tent clean and free of water, dirt, and critters. Find out the safety rules for living in tents. Take the tent down. Remember to keep track of the poles and stakes.
- 5.** Kaper Chart: Learn how to make and use a simple kaper chart on a camping trip.
- 6.** Pocketknife or Paring Knife: Learn how to use a pocketknife or paring knife safely. Know how to properly handle it, open it, and pass it to another person. Be able to tell what you may cut and what you may not cut with your knife.
- 7.** Outdoor Cooking: Choose two of the following cooking activities to do. Make sure that your leader is helping you.
 - Show how to boil water over a camp stove.
 - Make a snack for camping (e.g., s'mores, trail mix, or ants on a log).
 - Make a simple, well-balanced meal: something in one pot, lunch for a hike, or something cooked in foil.
- 8.** Fire Building: Learn about the different types of fuel you can use for building a fire, the three types of wood, and charcoal. Know fire safety. With adult supervision, learn to safely light a match.
- 9.** Songs and Skits: With your troop, learn and practice a song or skit you can do for a campfire program.

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